

Kilbarrack Coast Community Programme CLG

Annual Report 2024

Mission Statement

Kilbarrack Coast Community Programme CLG (KCCP) is pleased to present its Annual Report for the year 2024. Our mission is to work to the highest professional standards with individuals affected by substance misuse and their families. We aim to prevent young people from becoming involved in substance misuse and actively participate in community development initiatives.

Objectives

- To assist individuals in the Kilbarrack area dealing with drug or alcohol-related issues.
- To serve as a support and referral agency for affected individuals.
- To offer counseling and personal development training to empower individuals to address their drug-related challenges.
- To provide quality training for individuals to facilitate their re-entry into the labor market after addressing their drug problems.
- To engage with young people through activities and develop a drug/alcohol prevention model.
- To collaborate with local schools, football clubs, community associations, youth clubs, and other stakeholders for community development.

Governance and Legal Status

KCCP operates as a company limited by guarantee and is a registered charity with the Charities Regulator. The dedicated directors, led by Louise O'Neill as Chairperson, oversee monthly operations to ensure good management and allocation of resources. The organization adheres to ethical practices, complies with legal requirements, and maintains financial transparency.

KCCP is tax compliant and has current tax clearance. KCCP Auditor Donal Ryan is tasked with filing the Annual Return to the Companies Office. KCCP is fully compliant with the Charities Governance Code.

The 2023 audited accounts are available on our website, www.kccp.ie.

Promotion of a Quality Service Kilbarrack Coast Community Programme is dedicated to advancing quality standards for sustained impact. Committed to ongoing improvement, the program prioritizes evidence-based practices, innovative approaches, and staff development. We actively engage the community and we adapt to evolving needs. By staying abreast of best practices, the program ensures its interventions remain effective and with a focus on quality assurance, we aim to make lasting contributions to community well-being. (Minutes available Quality Standards meetings)

Summary of Services

Kilbarrack Community Coast Programme (KCCP) offers a range of targeted services to address substance misuse and support holistic well-being within the community. The Adult Drug & Alcohol Rehabilitation Service provides a structured, community-based program focusing on education, training, personal development, and counseling. In 2024, twenty-four individuals benefited from the program, exhibiting positive outcomes in training, education, and employment. The Harm Reduction model guides service delivery, with personalized care plans aligning with national standards. (Adult Rehabilitation outcomes report appendix 1)

The Reach-Out Project targets young adults (18-25) dealing with substance issues, emphasizing physical and mental well-being, personal development and vocational training. In 2024, twenty individuals showed reduced substance use and improved functioning. (Reach Out Outcomes Report, Appendix 2)

Youth Matters caters to individuals aged 8-21, offering educational and preventative programs with various activities and training sessions. Kilbarrack Cares for Kids (KC4K) supports children under 8 years affected by family substance misuse. (Youth Matters Outcomes Report and 2025 work plan appendix 3)

The Parent and Family Support Services recognize the impact on families, providing information, counseling, and holistic treatments. The Family Support Coordinator enhances coordination across Dublin North East Drugs Task Force catchment area (Family Support Report Appendix 4)

The Woman's Recovery program supports women in early recovery. Our primary goal is to provide a supportive and enriching environment for woman in their

recovery journey and foster a sense of community, normalcy, and personal growth among participants. (Report and Work Plan Appendix 5)

Counseling & Referral Services offer diverse counseling approaches, with 161 assessments in 2024. Sixteen counselors utilize humanistic, integrative counseling, motivational interviewing, cognitive behavior therapy, CRAFT, and the Five-step Method support. The services contribute to community well-being and align with national drug strategy aims. (Rehab Report Appendix 1)

Nine students completed work placements at KCCP from Trinity College TUI and Dublin Business School. The collaboration is a key aspect of the programme while offering students valuable experience.

Our services underwent a comprehensive review by Murtagh & Partners, engaged by the HSE, resulting in an acknowledgment of the high-quality service provided.

Staffing

In 2024, KCCP employed 12 staff funded by HSE and four from DSP funding. Training programs focused on personal development, counseling techniques, and harm reduction approaches. (Staff Training Report Appendix 6)

Volunteers are vital to our operations, and we actively seek new members to join our team.

Achievements to Date

KCCP has achieved significant milestones in expanding its services and addressing the evolving challenges of alcohol and drug addiction within the community. Originally focused on adult drug rehabilitation, the organization has successfully diversified its offerings under the Youth Matters initiative, providing a comprehensive range of youth services. Additionally, KCCP has introduced family support services with tailored programs for the children of problematic substance misusers full counseling service.

KCCP has established targeted services for individuals under eighteen grappling with alcohol or drug-related issues. The organization has aligned its efforts with government policies by incorporating counseling, support, and referral services for those dealing with alcohol problems.

KCCP has implemented a care plan system for participants in its drug rehabilitation program, adhering to standards set by the National Drugs Rehabilitation Implementation Committee (NDRIC). The establishment of partnerships with state agencies and various community and voluntary organizations has strengthened KCCP's network and impact.

Notably, KCCP has responded dynamically to the changing landscape of alcohol and drug addiction, providing childcare and specialized summer projects for the children of affected individuals.

In 2008, the organization received an Aontas Star Award for excellence as the best adult education center in Dublin.

Despite financial challenges resulting from budget cuts and funding withdrawals during the recession (which were not reversed) KCCP has maintained its commitment to training and development for its client group. The organization has sustained staff supervision and training, emphasizing governance standards and policy implementation across diverse issues. In alignment with its community development ethos, KCCP continues to deliver community health and well-being services across all age groups.

Challenges and Strategic Aims

Our organization's Strategic Aims reflect our commitment to growth, community engagement, and organizational development. Over the next three years, we aim to not only expand our Management Committee membership but also to enhance our outreach efforts through the annual publication of the Snapper. These strategic goals align with our overarching mission to better serve and connect with the community.

In pursuit of these aims, our Smart Objectives outline specific, measurable, achievable, relevant, and time-bound actions. Firstly, we plan to bolster our promotional activities by preparing and disseminating materials that effectively communicate the value and impact of our services. Simultaneously, we recognize the need to strengthen our organizational backbone by recruiting an Accountant, a critical step in ensuring financial stability and transparency.

Recognizing the importance of grassroots support, we established a local Committee dedicated to campaigning for new community facilities. This initiative aims to harness the power of local advocacy to create tangible improvements for our community members. We had our first meeting of this group in 2024 and we have written to Dublin City Council introducing the committee.

To keep pace with the digital age, we are committed to leveraging social media platforms. This involves creating engaging content such as short films and podcasts that highlight our services, fostering a deeper connection with our audience and expanding our reach.

In the realm of organizational identity, we are exploring the possibility of rebranding our logo and considering a name change to better encapsulate the breadth of our services. This strategic move aims to enhance our visibility and communicate a more comprehensive understanding of our organizational scope.

Collaboration is another key aspect of our strategy. We actively seek partnerships with Statutory Agencies, inviting them not only to increase our funding but also to join our Board of Management. This collaborative approach aims to bring different perspectives and expertise to our leadership, ensuring a more inclusive decision-making process.

We are exploring potential employment opportunities in collaboration with the Immigration Council, specifically targeting support for the Ukrainian community. This aligns with our commitment to addressing the different needs of different segments of our community.

In an effort to strengthen our governance structure, we are revisiting existing relationships with local community organizations, exploring the possibility of their inclusion on our Board. This strategic move aims to enrich our leadership with a different experiences and perspectives.

To support our Directors, we are committed to providing them with Financial and HR training. This investment in skills development ensures that our leadership is well-equipped to navigate the complexities of organizational management.

We recognize the importance of financial sustainability. To this end, we are actively seeking increased core funding to support essential elements such as the

Accountant's role, wage increments, and the implementation of a staff pension scheme. This holistic approach aims to foster a stable and supportive environment for our team, enabling us to better serve the community in the long term.

Celebrations & Events

Gardening Project: Participants reported improved mental health, a sense of achievement, and stress relief through connecting with nature.

Recovery Month: Included a football and pool tournament and a Photovoice Exhibition where participants expressed their experiences through photography and writing. Family members shared their perspectives, with works displayed at KCCP.

Facility Upgrades: Funding allowed us to renovate the toilet areas and repaint the building, creating a more welcoming space.

Conclusion

As we reflect on the past year, our programs, from adult rehabilitation to youth and family support have all positively impacted many lives. KCCP remains committed to addressing emerging challenges of substance misuse, serving the Kilbarrack community with integrity and compassion.

As we look to the future we are inspired by the strength of our community and the potential for continued growth and transformation.